

Unite Offshore

Your Future, In Your Hands

We need your views on the big issues you face at work just now. In particular we are seeking your views on the following subject areas:

- Ad Hoc and Precarious work in offshore catering - including the impact on mental health and wellbeing,
- Your Offshore Rotas - including the impact upon mental health and wellbeing,
- What you would like to change about your work on your particular rig or with your particular offshore catering employer.

Get Active, Get Involved: Share Your Views on the big issues facing offshore catering workers Today. [Click HERE to take the survey NOW.](#)

For more info visit: <https://www.uniteoffshore.net/cota.html>



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A better future is possible– if you fight for it!



The major issues offshore are all interconnected. No matter the starting point for analysis of the major problems, one issue inevitably leads to another, connected issue.

Here's some examples:

Unstable employment, not knowing if and when the next trip will come, living with the threat of redundancy, leads to stress and may impact mental health and wellbeing.

Problems with health and safety offshore may go unreported, as workers on precarious employment contracts are afraid to speak up for fear of losing their job or, worse, being Not Required Back (NRB's).

Over time the grind of the 3&3 rota impacts upon workers levels of resilience – going home stressed and exhausted, which has an impact upon family and friends, which in turn leads to friction at home. Friction at home and stress at work leaves workers vulnerable to mental health problems

Lack of a powerful, independent, trade union voice on safety undermines workers confidence and therefore ability to raise legitimate H&S concerns.

Workers, tired and irritable in the last week of a 3 week trip are reported to be more prone to errors.

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